



Published by Osprey Media Publishing Inc. • Issue No. 9 Volume 14

Pelham NEWS

Hire... WITH CONFIDENCE!

ROYAL LEPAGE 905-892-0222
905 321 8306

inside

MUCH TO DO ON MARCH BREAK

There's plenty in store for Pelham's children to keep them busy during the upcoming March break from school.

As they have in past years, both the town and the library are presenting activities — possibly averting that boredom question: "Mom, what can I do?"

See Page 8 and 9

See Inside: **PUPO'S**
INSERTS
Full Distribution
Sears
HOMES
CRITELLI'S
FINE FURNITURE SINCE 1916
SmartSource
Rosemary's
Natural Choices

ROOFING
Residential & Commercial
PERSONAL TOUCH
Home Improvements
Professional Work with a Personal Touch
2801 Hwy #20 EAST • FONTHILL 905-892-0177

NEW  **NEW**
All Star
Tap & Grillhouse

■ **GOODBYE:** Cheryl Milette ending nearly 40-year career

Town clerk files for retirement

WAYNE CAMPBELL
PelhamNEWS Staff

Almost 40 years ago, Cheryl Milette, then a recent graduate of E.L. Crossley Secondary School's business program, began to field phone calls as a receptionist for the Town of Pelham.

At the end of March, she will hang up her phone as the town's clerk after holding administrative assistant positions in every department. She was even acting chief administrative officer.

"It was a great fit with the community and it was a pleasure," she said. "Because you moved through the corporation, the job it was always exciting."

Over the years, since her September 1970 start, Milette served as cashier, word processor, and eventually as personal assistant to Gord Cherney, who served as administrative assistant with the planning, recreation, finance and fire departments as well as deputy clerk and clerk.

"I went from the bottom to the top and back down," she said about her few months as acting CAO between the departure of Gord Cherney to the hiring of

current CAO Martin Yamich two years ago.

"As jobs opened up, I moved up to the next position," she said. "You learned on the fly, often from the person who was leaving."

Most residents of Pelham have probably dealt with Milette at one office.

"If anyone wants anything, they come into the clerk's department to get it," she said.

She's the one who takes the minutes at council meetings and prepares the agenda for procedural questions such as whether a motion is in order. The clerk oversees Pelham's municipal elections, playing the same role as a returning officer in provincial and federal elections.

Milette said the major challenges for the town in 2010 will be the municipal election. It involves preparing ballots and notices, briefing candidates and after the election guiding winners on their role as councillors. She said 2003 may have been the most difficult election for her department, when it came to orientation for new members of council.



WAYNE CAMPBELL, Staff Photo

Pelham town clerk Cheryl Milette has spent nearly 40 years doing paperwork for the municipality. At the end of March, she see will retire from a varied career that began as working as a receptionist and included serving as acting chief administrative officer.

"It was a big change, we had six new people to introduce into the system," she said.

The staff in the municipal

building has more than doubled over the years.

See TOWN CLERK | Page 2

A Perfect Pair... Pasta & Wine

SATURDAY'S FEATURE

Our all new Pasta Selection.

Seven New Pasta's to choose from.

Order One Pasta Dish and Get ONE FREE Glass of our favourite House Wine.



■ TOWN CLERK

Miclette sees town, laws, technology change

FROM PAGE 1

It has spread through a building that once included Pelham Public Library.

Pelham's population has grown from about 10,000 when she started to about 16,200 today.

"Fenwick was pretty well rural with no subdivisions," she said. "Woodstream subdivision in Fonthill only started in the 1970s."

Added to the growth in the town was an increase in provincial legislation affecting municipalities, she said. It led to more staff to meet the requirements of that legislation.

Pelham job seekers can daily check in at the Ontario Ministry of Municipal Affairs and Housing website.

"That's something I won't miss," she said with a smile.

"The change in the date of the municipal election took us by surprise" when it moved from early November to late October.

"You have to be up to date with the new legislation," she said. "If you don't go on the websites you might be behind on the changes."

The clerk's office is responsible for ensuring bylaws stay current and alerting council if they require updating or are expiring. Miclette has sat through years of town council meetings. She isn't in the thick of discussions the way councillors are but she has to follow discussions closely as she takes notes for the minutes.

"Pelham has not been a municipality that has had a lot of controversy over the years," she said. "And that's a good thing."

Councillors learn to work together, with the exception of one or two individuals, she said.

"The construction of a new library was a hot button for a long time," she said referring to one that stands out.

"My dad is a keeper of stock and give them direction," she said about her advisory role. "I have never had any trouble from councillors that I remember."

Throughout her career, Miclette has seen changes in technology as a continuing issue.

"When I started we were printing council minutes with a Gestetner," she said referring to a sharp-smelling ink from a copying machine.

Pelham got computers early in the early 1990s with a Wang system, and has been continually upgrading since. For her and staff it involved many courses and workshops at Niagara College as hardware systems and software programs evolved.

"If you don't keep up with the technology, you're left in the dust," she said of municipal administration.

After she retires Miclette may take over cooking from her husband, Yvon, prepare for her daughter Nicole's wedding and keep track of her son Steve at the University of Waterloo.

wcampbell@wellandtribune.ca

■ SHORTHILLS VILLA: Celebrating a new addition



WAYNE CAMPBELL/Staff Photo

Caroline Diamantos, left, and Molly Rogers 10-year residents of Shorthills Villa Retirement Community hold a ribbon for the official opening of the villa's new 18-unit addition and renovations to its lounge, lobby and dining room. Cutting the ribbon is Mayor Dave Augustyn with owners Jieran and Mike Hassani. The addition increases the number of units at Shorthills Villa on Pelham St. in Fonthill to 59. Shorthills is celebrating its 10th year of operation.

■ SPENDING: \$115,000 remaining from 2009

Budget surplus recommended to be applied to hospital, CIP

WAYNE CAMPBELL
PelhamNEWS Staff

A town budget surplus from 2009 will be divided among a property loan, the Welland Hospital, a downtown improvement fund and a community improvement fund.

The town ended the year with a \$111,500 surplus partly because of economic conditions that reduced demand for some services.

Treasurer Carl Pupo recommended Monday that \$40,000 go to pay down the principal of a loan for East Fonthill's new fire hall at 1000 Fonthill Rd. 20 and Rice Rd. She also suggested putting \$50,000 into a community improvement fund that will increase it to \$100,000. Welland Hospital Foundation would receive \$20,000 and the

balance of \$1,500 would go into a working fund reserve to cover and unexpected adjustment.

Ward 2 Coun. Sharon Cook said she was pleased to see the \$50,000 put into the community improvement reserve.

"I expect a number of businesses just waiting to make use of it."

The CIP money will be used to assist businesses to make improvements on their downtown properties in Fonthill and Fenwick. Earlier the town put \$50,000 into the fund. The \$100,000 is eligible for matching funds from Niagara Region for business people who applied to make improvements.

"This will get things moving in the downtown core," she said.

She said she is pleased see \$20,000 go to the hospital, however, she said council should build in a regular donation to the foundation, which buys equipment for the hospital — which Ward 3 Peter Papp indicated support for. Papp recommended applying the \$20,000 to a cover rate requirement.

Mayor Dave Augustyn called the distribution of the surplus prudent and consistent. He said paying down the principal of the loan was a reinvestment in the property.

The contribution to the hospital foundation shows a commitment that stretches over 26 years. He said other communities served by the hospital do not make regular contributions.

wcampbell@wellandtribune.ca

Christine Gazzola
Sales Representative

GOOD
LUCK
PANTHERS!
www.christinegazzola.com
905-323-7056
905-327-2026



upfront

■ localbrief

TOWN GOING RED ON FRIDAYS

Forged dress-down Fridays, Pelham will join St. Catharines in asking its residents to go red at the end of the work week.

In a letter to town council, St. Catharines city council suggests Canadians wear red on Fridays "as a visible sign of support for our Canadian heroes."

St. Catharines says local Royal Canadian Legion branches encourage their members to wear red on Fridays. Without discussion Pelham council supported the initiative.

Lampman Funeral Home
724 CANBORO ROAD
FENWICK (905) 892-4701



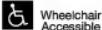
*Our Family Serving Your Family
since 1911*



Irvine Muir



Terry Mikolasek



Wheelchair
Accessible

Specialized
BEHAVIOURAL THERAPY
FAMILY • PERSONAL • SOCIAL • WORKPLACE

DEBRA CHARLESWORTH
& ASSOCIATES

905-892-8543

Child • Youth • Adult • ADHD • Asperger • Autism

■ VISA ■ MASTERCARD

tempo

BELL GROUP
Windows • Doors • Conservatories • Decks

BEAT THE HST! Order Now!
NO GST on windows till March 31



\$10,000 Gvt. grants ongoing!
Call for FREE quote
& 5% financing!

905-892-7616

Licensed • Bonded • On-call www.bellgroupinc.com

■ KINSMEN: 2009 citizen of the year celebrated

Hilyer hailed

WAYNE CAMPBELL
PelhamNEWS Staff

Gail Hilyer told a tale about young figure skaters from almost 70 years ago during a dinner to honour her as the 2009 Pelham citizen of the year.

The skaters' instructor tried to turn four-and-a-half-year-old skaters into tuxedos as a backdrop for a skating show.

By the way, there was little girl the instructor couldn't fashion into a daffodil. She kept falling down. Finally, the coach sat down and called her a teddy bear.

"If you look in any garden, you will always find a teddy bear," said Hilyer recalling her role as the teacher.

It became a valuable lesson for the future top citizen — everyone has something they can contribute, she said.

Hilyer was honoured for her volunteer work with Pelham Cares, St. John Ambulance, the March of Dimes and Kirk-on-the-Hill Community Club. In 2008, she was honoured by the province with an Ontario Senior Achievement Award.

Hilyer has been president of Pelham Cares for 12 years.

With her little dog Scooter II, she held a record for the number of visits she made in the St. John Ambulance therapy dog program. The 17-1/2-year-old dog died last year.

Mayor Dave Augustyn praised Hilyer for her work with Pelham Cares and for her ability to tap volunteers.

He said Pelham Cares stores donated food across the town, including at Old Pelham Days, and the Fonthill and District Kinsmen Club was holding Hilyer's celebration dinner last week.

"I'm surprised she hasn't put us to work in the back room sorting," Augustyn said.

Hilyer piped in: "how about tomorrow?"

It brought a roar from the room full of friends and admirers.

Former Niagara College president Jackie Roberts recalled Hilyer's years in college administration.

They first met when Hilyer was women's adviser to the president. She scolded the president for her language such as using

"mailman" instead of "postperson."

When Hilyer left after their first meeting, Roberts said, "I don't think she would ever be able to work with that person."

But she soon found Hilyer had a great ability to organize people.

"She is a great friend who thinks not of herself but of others," said Roberts. "She does care for people. It's in Gail's heart."

In her thank-you speech, Hilyer admitted to a quirk. She doesn't take phone calls after 9 p.m.

"I hung up on the lieutenant-governor's office before they could explain who they were," she said.

And she almost did it again earlier this month when Kinsmen president Brian Legg presented her with citizen of the year" before she hung up.

Hilyer stressed that as a community "we have to work together" to accomplish anything. She referred to quote she had just read. It said snowflakes by themselves are very fragile, "but look at what they do when they stick together."

In addition to a plaque from the Kinsmen for being the 12th citizen of the year, Hilyer received certificates from the federal and provincial governments as well as the Town of Pelham.

In an interview, Hilyer said she was moved by all the people who attended the dinner and the congratulatory cards.

"I'm really honoured and I will do my best to continue to be a role model," she said, referring to the Kinsmen's goal of choosing people who will inspire contributions to the community.

She had advice for people interested in volunteering.

"Just come out, please don't think there isn't something you can do."

ucampbell@wellandtribune.ca



WAYNE CAMPBELL Staff Photo



WAYNE CAMPBELL Staff Photo

Gail Hilyer, 2009 Pelham citizen of the year, is joined by former citizens of the year during a Fonthill and District Kinsmen Club awards ceremony Tuesday. From left front are, Carolyn Mullin, 1998, Hilyer and Anne Robbins, 2003; in back Gerry Berkhoult, 2005; Catherine Kuckyt, 2004; and George Kowalski, 2002.

PelhamNEWS

Published by PelhamNEWS
Osprey Media Publishing Inc.
225 East Main St., Welland, ON, L3B 5P5
Tel: 905-732-2421 ext. 246 Fax: 905-732-3660
Circulation: 1,666-318-5062
e-mail: perspective@wellandstar.ca
advertising & general inquiries: advertising@wellandstar.ca
Ken Koyama
PUBLISHER, GENERAL MANAGER
Wayne Campbell, EDITOR

SUN MEDIA
A Quebecor Media Company



Wayne Campbell
EDITOR

Sound and flurry

Two bylaws, a proposed one about noise control and a recently enacted one about snow removal from sidewalks, are keeping town councillors phoning ringing and e-mail inboxes filled.

Ward 3 Coun. John Durley raised both bylaws during council's general committee meeting Monday.

He said the noise bylaw, which is posted on the town's website www.pelham.ca, has stirred up interest and concern.

He suggested holding a public meeting to bring all ideas together.

Ward 2 Coun. Sharon Cook said the bylaw "could change the culture of the community."

Planning director Craig Larmour said he planned to bring in a report at the next council meeting on March 15. It would summarize comments made about the bylaws.

Councillors could then move ahead from there when they reflect on comments from people who think quiet at 9 p.m. is better while others prefer 11 p.m.

We will hear more yelling over the noise control bylaw in the near future.

Council, however, made the right decision when it sought public input. Unfortunately, the public doesn't speak with one voice.

More on the snow removal bylaw, which came into effect on Jan. 1, has seen a flurry of comments, said Durley.

Community and infrastructure services director Kelly Walsh said the bylaw has been based on the whole of the numbers of properties not adhering to the bylaw are small. About 30 properties have not acted on notices. They were cleared and will eventually be billed through their taxes.

See PERSPECTIVE | Page 5

comment

What does the budget mean for your wallet?

At the Feb. 16 regular meeting, council approved the town's 2010 operating budget.

What does that mean for you?

Well, the average residential property value for 2010 is expected to be \$260,000. If your home and property were assessed at that value, you would be paying an additional \$31 in taxes on a \$1,247 for the Pelham portion of your property bill. This accounts for an increase of 2.6% for the average residential property in Pelham.

What are the reasons for this increase?

Well, first there are a number



Dave Augustyn
MAYOR'S VIEW

of uncontrollable cost escalations facing the town's operations. For example, while insurance premiums were stable last year, this year they will increase by 7%. Similarly, the cost of employees' benefits did not increase at all last year; this year the same benefit package will increase by 7%.

In addition, last year council made staffing changes. We

made the fire prevention officer full time, and hired a full-

time bylaw officer and an assistant recreation manager. These employees were budgeted to start part way through the year; we now have to annualize their wages. And, effectively, we will need an IT person to integrate our systems with technology and to find more efficiencies.

Council also accepted the treasurer's suggested decreases in some of the town's revenues. For instance, over the last four years, the town has consistently over-budgeted on revenues from new developments; the 2010 budget fixes that assumption.

See AUGUSTYN | Page 12

The award goes to ...

The Academy Awards are coming up, Arnie's wind.

Not because he thinks the Academy Award production is the greatest show on Earth. He's pretty sure he's with the majority in thinking that it's an overlong, sometimes amusing, sometimes annoying, spotty and overblown industry self-congratulatory affair.



Arnie Dyker
OPINION

Nope, this year, he'll be tuned in the same way he was turned into the Golden Globes, sometimes amused, sometimes a little bored and, for maybe seven or eight vital minutes, so focused on the TV that another person entering the room would be met with the greeting: SHHSHSH! SAN-DRAs on.

Now, Arnie doesn't always watch the Academy Awards Show, let alone the Golden Globes telecast. Because the Globes is kind of like watching the players talk about their practice before a big game. And the awards are voted on by the "tiny cadre of obscure international journalists" known as the Hollywood Foreign Press Association, so their legitimacy is often called into question.

But they do seem to swing more than a few votes, and they do have some significant influence on who wins Oscars a month or so later, at the "Show," as the big players call the major leagues.

But for the purely immediate tems, it's all about: SHHSHSH! SANDRA'S

Even since Paula Abdul left (oh, alright, got forced out—outwitted, outlasted, outplayed — outcast) from the Survivor's island known as *American Idol*, Arnie's become almost totally dependent on his other grade four style crush, Sandra Bullock.

And Arnie's been watching the auditions while part of this year's Idol season and, even discounting the pathos of watching those delusional people who sing worse than he does, but think they're better than Pavarotti, it's just making him feel sad. Because, just like he knew it would never again be the same.

No wonder Simon Cowell is leaving the show after this year. Although he always put on a big show, rolling his eyes at her like she was some kind of dummy, it was sooooo obvious he had nearly as big crush on Paula as Arnie does. He's like the other kid in grade four — the kid who pulls the pom-pom of the girl who sits at the desk in front of him because he's desperate to get her attention but lacks the social skills to do it right.

See DYKER | Page 5

Benjamin Moore

NOW BOOKING!

Fonthill Paint & Decorating
For all of your Decorating Needs
Residential and Commercial Painting Services for 2010.
Hurry and book in order to take advantage of the
Home Tax Renovation Credit!

96 Hwy 20, Fonthill (beside Sobeys) 905-892-6977 • e-mail: paintanddecorating@rogers.com

Important work completed in past few weeks

During the last few weeks that I've spent in the constituency I am very pleased with the amount of work that has been accomplished.

The opportunities that I have had to meet with local business owners and government officials at all levels have yielded some great results for our riding which I am pleased to report on now.

One of the results of the meetings that were held has been the contribution of \$2 million that I was pleased to announce to the Minister of State for science and technology, Gary Goodyear, for the construction of Canada Bread Co.'s new, state-of-the-art production facility in Glanbrook.

Canada Bread will be the first anchor tenant in the North Glanbrook Industrial Business Park and will invest over \$100 million to construct a 33,730-square-metre bakery facility. The new world-class plant will feature leading-edge equip-



Dean Allison
MPS VIEW

ment and best-in-class technologies. It will also support up to 300 new jobs and create additional 100 part-time related jobs during the construction phase of the project.

I was also pleased to meet with stakeholders of the Vineyard Research and Innovation Centre to hear from them regarding their funding application for funding under our government's FeedTheFry program. Ongoing research and a focus on commercialization will result in more jobs, a more competitive horticulture industry and a stronger economy. With the return of Parliament, I will be continuing to lobby further to try and secure this funding for the greater benefit of our area.

A number of important poverty organizations also con-

tacted me to speak in Ottawa over the past few weeks to share their concerns the work that I have been doing as the chair of the Human Resources, Skills Development & Status of Persons with Disabilities (HUMA) Parliamentary Committee.

These roundtables included the Dignity for All roundtable, the Andrew's Presbyterian Church and the Sandy Hill Interfaith Group. I found that the dialogue generated by these discussions was very constructive.

In addition to consultations with the HUMA roundtables, countless meetings with individuals requiring my intervention as your MP for things such as immigration and citizenship issues and other federal programs. These have been a very busy past few weeks.

I had the honour of being forward to return to Parliament on March 3 for our government's new budget that will be delivering solid measures for getting our country's economy back on track.

■ DYKER

Pretend world nothing but silliness

FROM PAGE 4

Unlike Simon, Arn has social skills. It's just that, unlike Simon, Arnie doesn't actually know Paula. He knows an image he's seen on the television twice a week for the past year, for what is it, eight years now?

Before any of the hundreds of thousands of women who regularly read this column start snickering about Old Arn's illusions and delusions, please try to remember there is another side to this comic.

Every woman Arnrie does actually know is googly-eyed over Robert Downey Jr., because he's a beautiful and somewhat flawed human being, and George Clooney because, well, he's George Clooney.

Except that in this Arn and his two grade-school-style cronies Paula — beautiful and somewhat flawed.

And Sandra. Only perfect, that's all.

Plus, Arnlie really does know Sandra. He's watched ALL her movies AND has spent more than a little time with her on George Lopez reruns on the Latin channel. When you spend this much time with someone, it's just like dating.

So it was hardly some kind of naïve schoolboy thing that prompted Arn to declare, as she was picking up her personal "Best Actress" Golden Globe, for her notorious role in the very good film *The Blind Side*, tears of pride flowing down his cheeks: "I always knew she was the funniest lady in the

history of the world ... beautiful, too. But she's so DEEP."

"I've been having a hard time reconnecting to the outside world ever since Paula left the neighbourhood, but I think I've finally fallen in love again."

The thing is, the news of the world brings terrible things to our doorsteps every day, and these kinds of silly tenth fanatics like the majority of cinema itself (certainly the majority of Hollywood cinema) are just that — plain, unadulterated, dumb fun.

What are the sometimes harsh realities out there, and harmless fun?

It isn't like Arnlie really figures he'll be going out on a date with Sandra, or Paula, tomorrow night, any more than his wife carries the delusion that Robert Downey will be around later the evening to pick her up in his Maserati.

The strange thing is, though, that either one of them has a better shot at it than most of those poor nuts who actually seem to believe that "I'm the Next American Idol."

Arnlie's little world is nothing more than light-hearted silliness.

The other one — the truly deluded people mixed in with the truly talented, who truly believe that that's the world they belong in.

That's truly disturbing. Yet it's presented as entertainment. And, perhaps sadly, it is at least somewhat entertaining.

And that, too, is a harsh reality.

■ MONTESSORI: Preschoolers mark 100-day milestone



Supplied photo
Recently, the students at Fonthill Montessori Preschool in Fonthill celebrated their 100 days of school. The children made a special craft and enjoyed some cake made and decorated by the JK/SK class.

Ask the
HEALTH EXPERT

KATE RHEAUME-BLUE B.Sc.ND
Abdominal Fat and Insomnia



Can't sleep? Got a few extra pounds around the waistline? Turns out there may be an important connection between these two seemingly unrelated health conditions.

Researchers at Vancouver's Canadian Center for Functional Medicine discovered this as-yet unpublished phenomenon whilst conducting clinical trials on PolyGlycoPlex (PGX) for weight loss. PGX is a combination of natural soluble fibre that has been extensively studied for its ability to help people lose weight, reduce the glycemic index of foods, improve insulin sensitivity and reduce cholesterol.

Within only a few weeks of the start of the weight loss studies, participants began to report greatly improved sleep. Since sleep quality was not a parameter being measured in the studies, the evidence was gathered informally. However, so many people reported the same effect that the situation warranted closer investigation. A common pattern began to emerge: people sleep better when blood sugar levels stabilize.

It seems that many nighttime awakenings are

associated with sudden changes in blood glucose. When blood sugar levels plummet, the body responds by producing adrenaline to ensure glucose supply to the brain. This middle-of-the-night adrenaline surge can wake you from a deep sleep. PGX was shown to stabilize to daily (and nightly) glycemic fluctuations.

Overweight individuals — and those with excess abdominal fat in particular — tend to have blood sugar levels that change erratically throughout the day. This leaves them prone to blood glucose swings during sleep, with 3 am being a common witching hour.

This finding brings to light a new connection between sleep quality and body weight. It may also point the way towards a novel therapy that treats the root cause of insomnia: stabilizing blood sugar levels. PGX is available in several forms including softgels called PGX Daily.

**ON
SALE
NOW** **PGX DAILY**
\$55.99 or 2 FOR \$100
240 Softgels
Expires March 31, 2010



The Healthy Cupboard presents... **Ask the Expert**



Special Guest
**KATE
RHEAUME-
BLUE**
B.Sc.ND

NEWS 10
**610
GCR**
with host:
**TANYA
BIRRELL**

This Saturday **Feb. 13, 2010 12pm to 1pm**



PORT COLBORNE
494 STEELE ST.
Port Colborne Plaza
905-835-9806

The Healthy Cupboard
healthycupboard@gmail.com
111 HIGHWAY #20 E.
Across from Sobeys
905-892-9054

Customer Appreciation Day – Wild Wednesday April 7th

**All
CLEAN**
Cleaning Services

**AIR DUCT
SYSTEM CLEANING**

Customer Satisfaction
Guaranteed
Over 16 Years Experience

Winter Savings!

Do you suffer from headaches, allergies, asthma or nasal congestion?
Clean Air Ducts can help you breathe easier.

Before Cleaning **After Cleaning**

The Regis
AIRE System™ is
the most powerful,
most efficient and
most advanced
available system.

**All
CLEAN**
— Serving the Niagara Region
From the Air You Breathe

Tested Air Duct Cleaning System & Carpet Cleaning Services

805-834-4499
Port Colborne, Ontario

SAVE \$30.00
Duct Cleaning
(including All Hook-ups) hrs 110
Now \$79 + 8% per vent

1st visit and any other visit. Expires March 31, 2010

**FREE Electro Static Filter
with Duct Cleaning Service**

SAVE \$200.00
Limited Winter Offer

• Permanent, washable, reusable
• Filter Lifetime Warranty

FREE Disinfectant

SAVE \$39.00

Benefit: 10% Natural Disinfectant

■ **ST. ALEX:** Glass Tiger singer pays a visit

Believing with a star

WAYNE CAMPBELL
PelhamNEWS Staff

For rock star Alan Frew it was a new experience — speaking at a school assembly.

The Glass Tiger lead singer, Juno award winner and Grammy nominee called his appearance at St. Alexander Catholic School "ton of fun."

He said in an interview Tuesday after talking and singing with students in the Fonthill school's gymnasium he was impressed by the passion they had as they celebrated the Olympics dressed in red and white.

Students sang his song *I Believe* which was the CTV theme for the broadcaster's Olympic coverage.

Leading it were Alyssa Girotti, Alyna Rossi, Madalaine Jones, Cassandra Molodan and Bianca Desharnais. They said they practised the song for a week and were very nervous going in.

With students, Frew sang *Free To Be*, the Leaf's song, as they yelled "Go Canada Go."

It was the first time he's sung it in public, the kids were great. I was really touched," he later said.

Frew's appearance at St. Alexander came through a family friend.

Teacher Tracy Brioux said it started as a "wouldn't it be nice" thought and came about because Frew was in the area.

"Wouldn't it be neat if he came, we thought," she said Tuesday. "And it was."

The musician, singer, songwriter, motivational speaker and author said he has spent the past three years promoting his book, *The Action Sandwich*.

"Usually I speak to groups of big grown-ups about business, passion and life," he said about his recent appearances before corporate and group meetings.

On Tuesday he gave students a taste of his *Action Sandwich*. It stresses being receptive to new ideas. It's about the desire to succeed and determination of never giving up.

"When I was a little boy in Scotland I had a dream to be like a hand called the Beatles," Frew told the students.

Not only did he listen to them he wanted to be them. That's when his ambition took hold.

Frew said he always was interested in moving to Canada and saw a Wayne Dyer, Tony Robbins and Napoleon Hill book.

He said his own book started out as a memoir of moving to Canada and succeeding in the music business.

"It was a lot of funny little stories," he said.

His publisher said he could make his memoir into a children's book.

Now he is considering a book for children.

"I feel inspired by you," he told the stu-



WAYNE CAMPBELL Staff Photo

Alan Frew, who co-wrote the Olympics theme song, meets with St. Alexander school students.

dents during the assembly.

Frew will soon travel to Afghanistan to entertain the troops. He gave the students a passionate defence of Canada's role in Afghanistan.

"We are not there fighting a war," he said. "There are little boys and girls like you who want to go to school, worship in their own way and play."

Canadian soldiers went overseas to protect these children, he said.

In an interview later Frew said he "stumbled" into supporting the troops and their

role in Afghanistan. He went on a "Bob Hope-type entertainment tour to Bosnia" where he became hooked on what Canadian troops were doing.

"Each individual Canadian must make up their own mind" about Afghanistan, he said.

Some artists have websites that say click here to oppose the Canadian action, he said, adding he doesn't think they've been educated to issues involved.

ucampbell@wellandtribune.ca

localbrief

MANY HANDS NEEDED

Niagara College's Many Hands Project is looking for volunteers to help with The Many Hands Project, in its 13th year, is renovating The Happy Place Art Studio for the non-profit in the Orchard Programming for the Arts organization.

The project was looking for an electrician

to assist as a volunteer on Thursdays from 8:30 a.m. to 4:30 p.m. It also needs volunteers to help with set up and clean up crews on Wednesday from 6 p.m. to 8 p.m. and Thursdays from 6 p.m. to 8 p.m. to help, contact Brianna Cifoni by phone at 905-641-2252 ext. 6404 or by e-mail bcfoni@niagaracollege.ca.

THE Whisk & Ladle

LET THE WHISK & LADLE
MAKE YOUR DAY JUST A LITTLE BIT EASIER...

WE HAVE ADDED TO OUR **On-the-Go Menu!**

Potato & Leek Soup • Spiced Lentil & Chorizo Soup
Southern Chicken & Sausage Stew • Chicken Tortellini Lasagna
Are Just Some Of Our New Additions...

DROP BY AND SEE THE REST OF OUR
New Mouthwatering Menu!

the whisk & ladle.ca

WEDNESDAY - SATURDAY 10AM - 5 PM SUNDAY 12 - 4PM

306 CANBRO RD. LOCATED IN THE SHOPPES OF RIDGEVILLE 905-892-9262

■ ST. ALEX: Raising funds for juvenile diabetes



WAYNE CAMPBELL Staff Photo

Four students at St. Alexander Catholic School in Fonthill raised \$454.50 for juvenile diabetes research through their second bake sale of the school year. Tuesday, from left, Eric, Leah, Meghan Lancione, Shannon Ruggs and Chris Tsiantoulas cheer the success of the sale. The fundraiser included a draw for prizes from the Canadian Juvenile Diabetes Research Foundation. This is the second year the students have held a fundraiser to help a cause.

PelhamNEWS

Pelham News
is a member of
The Ontario Community
Newspapers Association

BUY IT SELL IT FIND IT IN THE CLASSIFIEDS

We'll give you something to SMILE about!

Norbert Gieger Jr. 905.835-2155

186A West St. Pelham
• Full & Part Dentures • Emergencies & House Calls
• Free Consultation • Upper & Lower Dentures
• Same Day Repair & Radiline Service Available

■ **OLYMPIC ART:** Martha Southwell's work on display in national exhibition

Athlete's portrait an ace

WAYNE CAMPBELL
PelhamNews Staff

PELHAM — Fonthill portrait artist Martha Southwell looked for a look.

When she took photos of Paralympian Yann Mathieu, she said she wanted to catch his intensity as he prepared for a tennis match.

She apparently caught it and conveyed it well in her oil painting portrait of the Quebec athlete.

It was chosen by a jury for a display in the Portrait Society of Canada's national exhibition called Canadian Olympic Athletes: A Dialogue in Art.

It opened March 2 for a month-long exhibit at the John B. Ainsley Gallery in Toronto.

The exhibition features portraits of 34 Olympic athletes in various media, including sculpture, said Southwell. The featured works will be on display and for sale.

They include ones that feature summer Olympians such as Donovan Bailey and Alex Baumann, winter stars such as Joanne Rochette and Clara Hughes, and former winners Barbara Ann Scott and Silken Laumann.

Mathieu, from Trois Rivieres, competed in singles and pairs tennis at the 2008 Beijing Par-

lympic Games and is training for the 2012 Olympics in London.

Southwell said she met Mathieu and his daughter Natasha, who is also a wheelchair tennis athlete.

The Paralympians are very good about working with the younger athletes and helping them out," she said.

Mathieu is ranked No. 2 in Canada and 2nd in the world.

Southwell took the photos she used for the portrait just before he went into a match.

"I wanted that 'I'm ready' look," she said.

Some call it the "game face," but, particularly for the portrait, Southwell adjusted the colour of the background to reflect Mathieu's eyes.

She said that his red shirt was a special challenge.

"Red is a difficult colour to work with," she said. "If you make it too bright, it takes away from the face. If you make it too dull, it lacks impact."

Also, Southwell said the wheelchair had to be the right one, on the right angles. It's a specialized kind of terrain.

She worked with Mathieu as she created the portrait, sending him e-mail copies of the work in progress.

For Southwell, this is the

second time she has had a portrait in this annual show. The first one was of her daughter preparing to play. That portrait recently won in a juried show with the Pelham Festival of the Arts.

Southwell is a regular at the Pelham Art Festival in May.

She has been a full-time artist for about 15 years although she's been drawing since college.

Her subjects include people, wildlife, landscape, architecture and vintage cars. In her Fonthill home studio, she was working on a commission work of a chair lift for a Vancouver residence.

Canadian Olympic Athletes: A Dialogue in Art is open Monday to Friday from 10 a.m. to 6 p.m. at the gallery in the MacDonald Block (900 Bay St., Toronto).

The paintings will be auctioned for sale on ebay at www.ebay.ca or through www.portraitsociety.ca.

wcampbell@wellandtribune.ca

WAYNE CAMPBELL Staff Photo
Pelham portrait artist Martha Southwell will have this painting

of Olympic wheelchair tennis player Yann Mathieu in a national exhibition by the Portrait Society of Canada.



Ruth's Appointment Calendar Used To Be The TV Guide



Now her calendar is full

Now that Ruth lives in a Chartwell residence, she's learned how to use the game system instead of the TV remote control and every day is filled with new friends and experiences.

To find out more call Chartwell
Select First Avenue at 905-735-5333
or visit www.chartwellreit.ca

WE ARE A PET FRIENDLY RETIREMENT RESIDENCE!



I was so
thrilled to
hear that
Maggie
can move
in too!

localbrief

SITE REZONED FOR FIRE STATION

Town council on Monday approved a rezoning of a property on Welland Rd. in Fenwick to make way for a new Fenwick fire station.

The former greenhouse site backs onto Centennial Park and will accommodate a new fire station to replace Pelham Fire Station No. 2 at Welland and Canboro Rd.

The new fire station will be 925 square metres and will have a bay and a parking lot. The drive-through station was designed by the Fenwick volunteer firefighters. The rezoning was complicated by the site straddling the Fenwick urban area and a greenbelt section.

The original plans, which would have put the station lot in the greenbelt section, were altered to put both the building and the parking lot within the urban area.

Pelham has received federal and provincial infrastructure funding that it will match with town funds to build the fire station. Mayor Dave Augustyn said Monday after the rezoning that the town had to have to move quickly to meet deadlines for construction of the fire station.

Current fire station site is expected to become the home of a new Maple Arc branch of the Pelham Public Library.

GLENMOUNT
MONUMENT BUILDERS

You don't have to order your memorial stone from pictures in a catalogue. Come to Glenmount, the largest memorial design facility in the Niagara Region and choose from over 200 granite monuments and markers in stock. Only Glenmount can offer you Rock of Ages Memorials, premium quality products made in Canada by Canadians. Choose a monument builder who has carved memories into stone for more than 50 years.

3114 HWY 3 EAST 301 AQUEDUCT ST.
PORT COLBORNE WELLAND
905-834-9587 905-735-9717

Inventory Clearance Sale - Save 10 to 35%

STONECRAFT SINCE 1951 www.GLENMOUNT.CA



CHARTWELL
SELECT FIRST AVENUE
163 First Avenue, Welland, Ontario
905-735-5333

04070652

■ **MARCH BREAK:** Town's camp returns

Fun in store

WAYNE CAMPBELL
PelhamNEWS Staff

Pelham Arena is home base for almost 50 children for a week in March.

The town's March Break Camp has lined up activities, entertainment and trips to keep the group of mostly 4- to 12-year-olds hopping through the annual school break.

"We will have swimming in Fort Erie and teddy bears at Ball's Falls," said community services co-ordinator Jessica Ruddell.

The week will include a visit from London Reptiles and a concert by musician Erick Traplin. The concert in the arena's community room is held in conjunction with Pelham Public Library's March break program.

Throughout the week, there will be crafts, skating and other activities.

Ruddell said the cost of lunches is being covered by Branch 613 Royal Canadian Legion and will be provided by Subway, Mimosas and the Wildflower Market.

"There is always something new this year."

The camp can accommodate 49 youngsters to keep the instructor to camper ratio at 1:7, she said. The program includes five leaders in training for 13- to 17-year-olds. For \$75, they will receive experience to apply toward becoming camp leaders in the future.

"We do not guarantee anyone a position in the future, but it will be useful experience," said Ruddell.

Campers can sign up for a full week at \$130 per child or \$340 per family with three children.

They can sign up for a day at \$40 per child or \$110 per family of three children.

For details and sign up sheets see the town's website at www.pelham.ca. Sheets are available at town hall. For more information call 905-892-2607 ext. 329.



WAYNE CAMPBELL Staff Photo

Pelham community services co-ordinator Jessica Ruddell gets in the March Break spirit by practicing her crafts. The town is taking registrations for its March Break Camp at Pelham Arena.

The week's lineup is:

Marvelous Monday — visit from London Reptiles and public skating.

Terrific Tuesday — Swimming at the Fort Erie YMCA in the morning and outdoor games and crafts at the Pelham Arena.

Wonderful Wednesday — Concert with musician Erick Traplin who performs throughout Canada along with skating, games and crafts.

Thank Goodness It's Thursday — Day of snowshoeing or hiking a Ball's Falls along with an education session on the evolution of the teddy bear. It's an exhibit by the Niagara Peninsula Conservation Authority at conservation centre.

Finally Friday — a day of skating, outdoor games, crafts and a dance.

■ **AGRICULTURE:** Fruit and Vegetable Convention held at Brock

Farmers seek good news

MATTHEW VAN DONGEN
QMI Agency

Tim Hudak also spoke at the conference on the future of agriculture.

"Finding a market for our products is pretty much at the top of everyone's list," Sgambarilli said.

Moyer agreed.

"Everyone is looking for 'the next big thing,'" said Moyer, who is now also growing wheat to make pasta.

"They need to make their operations sustainable."

That's become almost impossible for Ontario's fruit and vegetable industry, according to some industry representatives.

Last year, the Ontario Fruit and Vegetable Growers' Association asked regional council to support its request for government intervention in the reeling industry.

Association chairwoman Brenda Lammens told councilors the tender fruit industry faced a "crisis" that could kill "dozens" of farm-tarn jobs in places such as Niagara.

Council voted to support the association's request for a provincial risk-management program for fruit and veggie growers.

More than 200 people were signed up for the two-day conference, which featured 80 possible seminars and more than 160 trade show booths at the St. Catharines university.

Despite the grim industry news, Sgambarilli said farmers are "relatively optimistic."

"It's amazing, even being dealt two bad hands in a row, our farmers are still excited about doing what they love," he said.

DENTURISTS ARE DENTURE SPECIALISTS

The personalized and professional services offered by your Denturist - who has extensive training - attend to each detail of your denture care, from the initial consultation, design and fabrication, through to the final fitting and aftercare, so that you can concentrate on living your life to the fullest.

Denturists are the professionals in replicating your natural teeth and can be consulted without a referral. If you have missing, broken or loose teeth, or a denture that is more than five years old, take a few minutes for a consultation. Many options are available. Let us help find the solution that is right for you.

Services offered by Denturists

- Consultation and oral examination
- Consultation and oral examination
- Complete and partial dentures
- Implant supported dentures
- Repair of broken dentures
- Relining and replacing of loose dentures
- Soft liners for sensitive gums

Call For *FREE* Consultation

905 788-9676

3-547 Thorold Rd., Welland
Corner of Thorold & South Pelham

DAN GRABOWSKI D.D.



Do you know someone who would like to receive the

Pelham News
by mail?



The **Pelham News**
Now Available by Mail
EVERY WEEK!

Subscribe for:
\$25.00 for 6 months
\$49.00 for 1 year

■ **MARCH BREAK:** Pelham library has plenty in store to keep busy during week off school

Some programs 'fill up pretty fast'

WAYNE CAMPBELL
PelhamNews Staff

March break at the library provides activities for children but also exposure for the library.

It's a chance for parents and children who are often very busy with other activities through the winter to see and experience the library, said children's services coordinator Jennifer Bennett.

"They are often tied up with music, hockey, dance, school and other activities so they don't get to the library as often," she said.

By March break those things are often over and the parents are home, she said.

"The March break program gives us good exposure to both parents and kids," she said.

Registration is open for programs running between Monday, March 15, and Friday, March 19.

"Some fill up fairly fast," said Bennett.

A live concert in the community room at the Pelham Arena is always popular, she said.

This year it will feature Erick Traplin who plays guitar, harmonica and tuba for children of all ages.

The 2 p.m. show sponsored by the Friends of the Library will be held in conjunction with the town's March break camp on Wednesday, March 17. Tickets at \$4 have to be bought in advance at the library.

Other shows during the week are: The Magic of Bob Armstrong at the Fonthill branch of the library at 1:30 p.m.

on Tuesday, March 16, tickets \$4; and Reptile Kingdom with local reptile expert Mike London at the Fonthill branch on Wednesday, March 17, tickets \$4.

Two free movies will be shown during the week and you can bring your own munchies.

At the Maple Acme branch you can catch *Cloudy with a Chance of Meatballs* at 2 p.m. on Thursday, March 18, at 2 p.m. it's sponsored by the Friends of Maple Acme.

At the Fonthill branch, on Friday March 19 at 1:20 p.m. there will a program that has yet to be announced.

Other activities through the week include:

Finger Painting and more for children five and up on Monday, March 15, 1:30 p.m. to 2:30 p.m. at the Fonthill branch, \$3;

Hanna Montana Hoedown Throwdown for ages five and up. It's a chance to dance on Tuesday, March 16, from 11 a.m. to 12:30 p.m. at the Fonthill branch, \$2;

Music for the soul and up on Friday, March 19, from 11 a.m. to noon. Make hanging art with modeling clay and a recycled CD case, \$3;

Creepy crawler story time with bugs at the Maple Acme branch on Monday, March 15, from 10 a.m. to 11 a.m. for ages three and up cost \$3;

St. Patty's Story time and crafts for ages two to five at the Fonthill branch from 10:30 a.m. to 11:30 a.m. on Wednesday, March 17, cost \$3.

Noisy Noise in the silence of the library with noisy music, noisy books and audience participation on Thursday, March 18, from 10 a.m. to 11 a.m. Cost \$3.



Supplied photo

Aiden Ellsworth, 5, a student at St. Alexander Catholic School checks out March break activities to take place at Pelham Public Library. Registrations are being taken for programs during the Monday, March 15, to Friday, March 19, closing of schools.

"We can show our resources, activities and books to the kids," said Bennett, "and we hope they will want to come back."

■ LAST BIG SNOWFALL?: Heeding Pelham's new shovelling bylaw



WAYNE CAMPBELL Staff Photo
Mercedes Siebert, owner of Sadies Lingerie in Fonthill, clears snow from in front of her shop following a snowfall. Fonthill, Ontario, Pelham has a new snow removal bylaw requiring the clearing of snow from sidewalks in front of homes and businesses within 24 hours of a snowfall. Siebert said she doesn't mind. The exercise is good for her and it clears the way for customers. Besides, there has been little snow this winter.

Read all about it in
THE TRIBUNE
For convenient home delivery call
1-866-318-5062
MAKING A DIFFERENCE...DAILY

*If you wait too long to plant your tree
where will you hang your hammock?*



The longer you wait to make your
RRSP contributions, the less time
your money has to grow.

Call today to find out how *The Plan by Investors Group*TM
can help you grow...now and forever.

JANET BRADLEY,
Consultant
prem.bradley@investorgroup.com
(905)377-2942
1-888-437-0464

The Plan
by
Investors Group
Investors Group Financial Services Inc.

SHORTHILL'S Villa RETIREMENT COMMUNITY

In Downtown Fonthill, Ontario

A Big Decision... Simple Answer.



Located in the charming community of
Downtown Fonthill, between the
cities of Welland at St. Catharines.
Close to all amenities!

Open House
Daily 9-4
\$1650 per month
Our enrollment is
complete.
Visit us today for
your personalized
tour.

We offer:

- Beautiful, spacious independent living accommodations with 24-care service. All-inclusive studio, one & two-bedroom suites – couples welcome!
- Furnished homes, cooked delicious & nutritious meals.
- Caring Registered Nursing Staff provide all levels of senior care.
- Health advancement through an individualized physiotherapy program.
- Activity recreation programs.
- Fun games, exercise programs and craft rooms.
- Lovely surrounding gardens... and much more!

Call today to arrange your visit to our comfortable family-owned home.

905-892-5094

1532 Pelham Street North, Fonthill, Ontario
www.shorthillsville.ca info@shorthillsville.ca

©2010 Investors Group Financial Services Inc.



THE TRIBUNE
making a difference... daily

The Search Is On...
Nominate a Great Kid Today!

6 Finalists will
each receive a \$500 RESP
compliments of
Meridian
CREDIT UNION

NOMINATION FORM

DEADLINE FOR SUBMISSIONS:
MARCH 5, 2010 AT 5:00 PM

Please provide a brief description of the nominee's contributions to family and community as well as a brief description of the nominee's efforts in school (You may attach a separate sheet if more space is required for a more detailed description.)

Name _____

Address _____

City/Zip _____

Phone/Email _____

Yes No I'd like to be kind Against the odds Personal best

NOMINATOR'S DESCRIPTION

Mail or drop off completed nomination form to:
THE TRIBUNE
225 Main Street St.
PO. Box 576
West Seneca, NY 14224

Please note: Complete nomination forms letter of intent and any supporting materials submitted will not be returned.

Judging Criteria

Nominees must be a resident of Pelham, Port Colborne, Wainfleet or Welland. Their accomplishments must have occurred within the past year. There is a 1000 word limit for all nominations, no additional material will be accepted. Judges will not evaluate the quality of the writing.

What has the nominee accomplished during the past year?

How did the nominee accomplish these achievements?

Why did the nominees not do to do that?

GOOD: The nominee will have performed a service or act of kindness, support or encouragement to a friend, family, neighbor or business with no personal gain for themselves. This could be an ongoing or one-time occurrence.

PERSONAL BEST: The nominee will have performed an act of performance beyond what might have been expected. The could mean achieving a top performance overall or performance to the best of their ability. This could be a one-time occurrence.

AGAINST THE ODDS: The nominee will have shown great strength, ambition and dedication in overcoming a mental, physical, personal, economic or environmental challenge to achieve a goal.

Brought to you by

THE TRIBUNE
making a difference... daily
and not just on the front page!
TITLE SPONSOR
Meridian
CREDIT UNION

SILVER LEVEL SPONSORS

BRONZE LEVEL SPONSOR

localbrief

CRASH IN RURAL PELHAM

Two people were taken to St. Catharines General Hospital following a single-vehicle collision in Pelham on Wednesday afternoon.

A blue GMC pickup truck with two occupants struck a large tree on a private property on Roland Rd. off of Sulphur Spring Dr.

The driver of the truck, a man in his 60s, suffered chest injuries and was charged at the scene with impaired driving. The woman in the passenger seat was also taken to hospital for observation.

Niagara Regional Police Sgt. Neal Orlando said the truck came around a corner and left the road on the north shoulder and collided with the

tree. There was damage to the front end of the truck.

The driver didn't take a breathalyzer test but Orlando said evidence that was gathered Wednesday was enough to show he was impaired. The road was wet at the time of the collision, however Orlando said it wasn't a factor in the crash.

FONTHILL LOCATION ONLY

GIANT TIGER

MARCH MADNESS

Friday, March 5th
to Sunday, March 7th
2010



Large Pet Bed 28"x34" Removable Cover



Compare
at 28.97

\$14.97

Vivitar 3-in-1 Mini Digital Camera



\$6
56 only

Magnasonic 1.5" Digital Photo Key Chain



\$9.97
Reg. 19.97

3 Shelf 38.5"x22.5"x4.5" Plant Stand



Reg
\$49.97

\$15

2-Pack Day & Night Clear Vision HD Wraparounds



Compare at \$19.99

\$10

ONLY AT... #20 HWY 20 **FONTHILL**

460780

PLATINUM SPONSOR
TCOGECO
INTERNATIONAL
GOLD LEVEL SPONSORS
Ensignprint
Wetland Printing



Fonthill
Sports
Centre
main
entrance
May 20



For days like today™

COOL SAVINGS for MARCH BREAK!

Whatever you do,
we're here for you

1/2 price

\$69.99



CAMBRIDGE
by TRAVELWELL

5-pc luggage set.
27" upright, 21" upright, shoulder tote, rolling duffle
bag travel kit, 70-0023-0. Reg. 149.99

Mastercraft

233-piece socket set.
Includes ratchet and deep
sockets, extension bits,
multiple extensions,
30-piece bit set and
much more.

58-0235-2. Reg. 269.99

Each 79.97

save
70%



LIFETIME
WARRANTY



Garmin 255 GPS.

6 million POI. Text to speech.
Turn by turn voice
prompts. Canada and U.S.
mapping. 35-2541-8.

Reg. 229.99

Each
129.98

save
\$100



NAVTEQ
ON BOARD

GARMIN

save
45%

\$4.79

Maxx Scoop
cat litter.
7kg. 42-5532-2/7189-0.
Reg. 8.99

3.5" Screen



CHECK THIS OUT!

Slap Chop.

Dice, chop and mince in
seconds. Never switch
blades. Easy to clean and
dishwasher-safe.

42-0529-4.

AS
SEEN
ON TV



\$19.99

save 75%

66-pc screw
bit set.

Sixty 1" and six
5" assorted bits.
54-3886-8.
Reg. 39.99.



Mastercraft

\$8.99

1/2 price

\$49.99

GREAT
IDEA!



Black & Decker Temperature Reader.
Easily spots hidden energy leaks in your home.
Lowers heating and cooling costs by up to 20%.

57-4598-6. Reg. 99.99

save
40%

\$3.09



Armor All protectant.

Protects against fading and cracking.
300ml. spray. 38-2817-0. Reg. 5.23

\$39.99

AS
SEEN
ON TV

CHECK THIS OUT!

Power Gym
door-mounted
exerciser.

12 different
workouts.
84-2944-2.



COOLING SYSTEM SERVICE

MAINTAIN COOLING EFFICIENCY
AND SYSTEM COMPONENTS.

save
20%

AUTOSERVICE

• Industry Recommended
• Complete cooling system service
• Parts and regular fee for all makes and models.

Supercycle
SC1800
18-speed MTB.

Falcon shifters and
derailleurs.
Youths' and
Adults' sizes.
71-1566X



\$99.99

super cycle

PORT COLBORNE MALL

WESTSIDE ROAD, PORT COLBORNE

905-835-1155

HOURS: MON TO FRI: 9AM TO 9PM
SAT: 9AM TO 6PM • SUN: 9AM TO 5PM



WELLAND

158 PRIMEWAY DRIVE

905-732-7501

HOURS: MON TO FRI: 8AM TO 9PM
SAT: 8AM TO 6PM • SUN: 9AM TO 5PM

■ GLYNN A. GREEN: Bringing the Games home

Catching Olympic fever

WAYNE CAMPBELL
PelhamNEWS Staff

Glynn A. Green Public School staff set out to give their students a taste of what Olympic athletes are going through.

"It's a taste for sure," said teacher Shawn Haining.

"But it will give them a chance to feel pride, patriotism and teamwork," added Haining, who directed the organization of the school's daylong Olympic Games.

Grade 7 and 8 students acted as officials with clipboards and stopwatchs while most other students were divided into teams of mixed grades representing a half-dozen countries.

"It gives the Grade 8s a chance to work as role models,"

For example, the down events include bobbledding on plastic sleds down a hill in the school's playground.

There was a hockey game with plastic sticks and a ball on the tarmac. The biathlon involved crawling through hoops. Curling was played with balls on a windy cold soccer field.

In the gym, students turned to flag-making rather than flag waving.

Opening ceremonies included a Olympic torch used in the Olympic Torch Relay, a popular video of the theme song I Believe and singing O Canada.

Haining in his outline to the students stressed that performance alone would not win the day for any of the national teams. They had to earn "style points" given for their cheering, participation in events, sportsmanship toward other teams

and determination to succeed.

Glynn A. Green students had an example to follow. A former student, 17-year-old women's snowboarder Palmer Taylor, was Canada's youngest Olympian competing at Vancouver.

Principal Tony Giancarlo said the school students and staff wanted to watch Taylor's attempt to qualify last week but it took place after school hours. However, the students did imitate her during their Olympics.

Giancarlo said the emphasis was as much on cheer, spirit, morale and fitness as on competition. The way the day is tied into the Vancouver Olympics may be something the students will remember all their lives.

wcambell@wellandtribune.ca



WAYNE CAMPBELL, Staff Photos
Clockwise from top: Balisa Watt holds hoops for competitors on a biathlon course; Erica Wilson compares the flag she drew with a Chinese flag during a flag-making session, while holding the model flag are Megan Witterick, left, and Caitlin MacDonald; Veja Lianga, left, Shaela Frado, Christine Trai and Brook Andrus work on the flag of France; Olympic hockey Glynn A. Green students participate in a race and a ball on the school's tarmac; Halden Moss, Brett Young and Nicholas Loscavio prepare for a bobbled run.



■ AUGUSTYN

Council acting prudently with your money

FROM PAGE 5

And, you might find it interesting that nearly half (or 1.2%) of the 2.6% increase this year is to take care of unfunded capital expenses from 2004.

You see, in 2004 the town spent \$100,000 to build a light fixture, but it wasn't actually delineated (mortgaged) as was planned. Instead, the debt appeared on subsequent financial statements as to be paid by "future revenue."

Last year, council decided to deal with the debt, and established a five year repayment plan.

As a result, the 2010 operating budget includes an additional \$103,000 to deal with this debt.

Interestingly, if we didn't have pay for this unfunded debt, the budget would have increased at the projected rate of inflation for 2010 (1.4%).

But the 2010 increase, in perspective, the previous council increased the Pelham portion of your property taxes by 14.8% in 2004, 16.1% in 2005, and 5.6% in 2006. This council increased your property taxes by 4.7% in 2007, 4.8% in 2008, 1.8% in 2009, and 1.4% in 2010.

Rest assured that this council acts prudently with your money.

If you would like additional information about the 2010 operating budget, please visit the Town's website at www.pelhammaydave.blogspot.com.

You may contact Mayor Dave at maydave@pelham.ca or read past columns at www.pelhammaydave.blogspot.com.

TAKE A CLOSER LOOK AT ONTARIO'S NEW TAX PACKAGE

Personal
income tax cuts
came into effect
January 1st

Visit ontario.ca/taxchange to see how the personal income tax changes affect you. And find out more about all of the tax changes including the harmonized sales tax (HST).

■ RECYCLING: Real fashion sense

Turning old clothing into new styles

For PelhamNEWS

A wedding dress and tuxedo enhanced with recycled material hit the stage at a fashion show at Jordan's Beacon Hotel last weekend.

The dress and tux were put together by Art2, a in the Orchard Programming for the Arts project.

Working out of the Happy Place Art Studio members of the art program program used a wedding dress and tux from the Salvation Army.

"They turned them into a colourful creation that has been spray painted, duct taped, painted, and given a unique look," said program co-ordinator Ardienne Berg.

They included words tied to marriage such as love, sex, arguing, delusion, commitment, grief, laundry, honesty and love.

The fashion show was a fundraiser for Niagara College's Many Hands Project, which is renovating the Happy Place studio for use in the Orchard Programming for the Arts.

Berg said the program is still encouraging registration of local high school students.

"Our program runs from 4-6 p.m. every Wednesdays and 4-7 p.m. every Friday featuring a local artist each week," she said.

The artist demonstrates creative art techniques such as making old jeans into purses and wallets, scarves from old sweaters and making necklaces from old jewelry.

She said the program is looking for a student from Notre Dame to serve as a liaison or for any student from the local high schools who need any volunteer hours.

Please contact Ardienne Berg at ardienneberg@gmail.com to send a resume or drop in during program hours.

"Artist Angie Geiss is going into local schools to run an Earth Art workshop for any school that is interested in this



WAYNE CAMPBELL Staff Photo

Angie Geiss, executive director of the Orchard Programming for the Arts, holds a wedding dress beside a groom's tuxedo which will be part of a show of materials recycled into art.

opportunity. If your schools would like to take advantage of this we need you to sign up now," said Berg.

Contact Geiss at thpartstudio@yahoo.ca.

"We are also looking for a local business to donate the paint for the Wedding dress and suit. As well, a big thanks to The Many Hands Project from Niagara College that is doing an amazing job renovating the studio."

■ HOUSING: Tory leader addresses stakeholders

Hudak backs builders

DON FRASER
OMI Agency

The province must support home builders, who are key to the province's economic recovery, provincial Conservative Leader Tim Hudak said last week.

And, Hudak said in a speech to the Niagara Home Builders' Association, measures must be in place to allow that sector to thrive and create jobs.

At the dinner meeting, Hudak hammered the provincial government for its taxation and regulation policies that he said are hurting the housing industry.

"I believe a home is not simply a commodity to be taxed like it's some luxury item," he told the group at Thorold's Four Points by Shearwater.

"A home is where we raise our children and it's a place of comfort and security."

"It's also the single biggest investment the vast majority of us will make in our lifetime."

Home sales in the district have faded over the past year or so, especially in recession-ravaged Niagara.

He said his administration would focus on policies to bolster the economy and housing sector.

Those measures include tax relief, a job creation program, cutting red tape and avoiding "corporate welfare schemes."

He would also scrap Bill 119, which makes independent operators and sole proprietors in construction subject to Workplace Safety and Insurance Board compensation coverage.

"It forces employers to pay WSIB premiums for office and secretarial workers who may never set foot on a construction site," Hudak said. "It is an unfair burden on employers."

Hudak also stressed that he continued to oppose the Ontario Harmonized Sales Tax slated to take effect in July. "It will hit homeowners and all Ontario families," he said. "And (it impacts) on the homebuilding and renovation sector."

Hudak also called for the "reinstatement of a red tape commission to eliminate unnecessary and redundant regulations."

He also called for energy policy that includes more nuclear power is also part of his economic plan.

Finally, "governments need to learn to live within their means again," he said.

Lose the salt without losing the taste.

Call a Registered Dietitian for free healthy eating tips.

EatRight Ontario 1-877-510-510-2



ontario.ca/eatright



Paid for by the Government of Ontario

sports

■ STAYING ACTIVE: Get in the game



WAYNE CAMPBELL Staff Photo

Andre Lemieux, 65, says age shouldn't deter you. He hadn't been on skates much since he was a child. A couple of weeks ago, he picked up a used pair and started skating on Welland's Chippawa Park pond. He said it feels good. He always was good at sports and this gives him something active to do.

■ BASKETBALL: Panther girls take third at tourney

Major bantam girls win bronze in Cambridge

For PelhamNEWS

The Pelham Panthers major bantam girls won bronze at a Cambridge tournament played the weekend of Feb. 19.

Playing a late game on the Friday night, the girls managed to stay awake long enough to stay ahead against Walla-cuebing Basketball girls 29-24.

The next day brought excitement while playing the Sudbury Ramblers. Pelham had a 13-point spread, but lost it in the fourth quarter, and struggled to keep a two-point lead, winning the game 42-40.

In the semifinal game, the girls played a fast game against the Blessed Sacrament 2-10 team. They played a good defensive game they lost to the 11th-placed team by a score of 49-28.



Supplied photo

Members of the Pelham Panthers major bantam girls basketball team who won bronze at a Cambridge tournament in February.

■ BASKETBALL: Grummert scores 33 points, Cooper posts 22 rebounds

Pelham Panthers major atom boys come up short at London tournament

For PelhamNEWS

Continuing their long, inaugural season, the Pelham Panthers major atom boys basketball team trekked to the London over the Family Day weekend to participate in the Ramblers 7th Annual Paul McCarrey Classic.

Knowing the competition would be tough, the Panthers were hoping to make the most of the occasion. The opposition however had other ideas, and Pelham lost two of three games and did not advance to the playoff round.

The first game saw Pelham face a tough team from Sarnia in the Valhalla Vikings. The Panthers got off to a great start by playing clas-

sic team basketball — executing their half-court offence and help defense almost flawlessly.

Next up for Pelham was 11 points from Tyler Grummert, Pelham seemed to be in control of the game and held a 21-14 lead at the half. Valhalla came out flying after the break and managed to take a slim one-point lead heading into the final quarter.

Valhalla really turned up the heat in the final quarter, extending their lead and posting a hard-fought 42-30 win.

Putting the Sarnia game behind them, Pelham then faced the Ancaster Magic.

Needling a win to finish second in their pool, the Panthers simply dominated the Magic. Pelham led

wire to wire and scored a convincing 40-12 win.

Next up for Pelham was a play-off against the host team from London.

The Ramblers got off to a great start and held the lead the entire first half. Knowing their Sunday play-off round was in jeopardy, the Panthers came out on fire in the second half, taking a three-point lead.

London fought back and seemed to have the game locked up, ahead by 10 points going into the final four minutes.

Pelham players, however, showed they were not going to go down quietly and mounted a furious comeback. A scoring table faux pas near the end of the game

seemed to confuse the team (and the crowd), as a Bailey Moreau 3-point shot with less than a minute to go appeared to be the game's final score.

But after a review by the officials, the score was adjusted and as time ran out, Pelham found themselves on the wrong end of a 37-33 score.

As disappointing as the outcome was for the Pelham boys, down two players to injury — played a remarkable game and left everything on the court.

Pelham's leading scorer for the tournament was Grummert, who had 33 points on 48% shooting from the field. He added 10 rebounds, five steals and four assists.

Moreau scored 24 points and posted four assists, followed by Kyle Cooper with 14 points and a team-leading 22 rebounds.

Josh Mosley, Chris Fairman and McKenzie "Le Bronx" helped the cause with 11, 11 and nine points respectively.

Jared Naar contributed five points, 14 rebounds and three blocked shots.

David Kalchman and Gabriel Maris played tough defense and were rewarded with four steals each. Jordan Pisano maximized his height by ripping down six boards.

Open Gallagher was injured during the first game, but cheered from the bench in support of the team.

sportsbrief**HOCKEY FOR HEART**

The Heart and Stroke Foundation is hosting its first ever Hockey for Heart tournament taking place March 6 and 7 at the new Ridley College Arena in St. Catharines.

Hockey for Heart is a series of adult,

recreational level hockey tournaments taking place across Ontario. The event was created by Rob Weir after he saw his father, Roger Weir, suffer a massive heart attack and die while playing in a shinny hockey game. The first tournament in Durham began with four teams and has since grown to 40 with annual

fundraising of more than \$130,000.

Locals are invited to come out to watch the top fundraisers compete against the ProStars on March 6 at 7 p.m. at the Ridley College Arena. There is a chance to win silent auction prizes valued at more than \$2,000. Admission is \$2.

The event will consist of 14 teams who are ready to play a three-game tournament while raising funds for the Heart and Stroke Foundation. Teams are fundraising to 'shut out' heart disease and stroke by playing in this tournament.

Fundraisers earn amazing prizes

including the chance to play against former NHL stars in the ProStars game or to 'Shoot to Win' \$10,000.

Hockey for Heart has 14 events Provincewide. The St. Catharines event will help to break the \$1-million barrier in total funds raised through Hockey for Heart.

HERE'Sour CARD

J&S

• AUTO • TRUCK • INDUSTRIAL REPAIRS



JEFF PIETZ

Telephone
905-892-4271

278 Canboro Road West
Ridgeville, Ont. L0S 1M0

WHATEVER YOU'RE
LOOKING FOR,
PRODUCTS, SERVICES...
these local businesses ask
you to consider them first.

**DO YOU HAVE ASH TREES?**

Call **Bill Buchanan**, Board
Certified Master Arborist
for a free consultation on
how to protect your Ashes
from Emerald Ash Borer.

BUCHANAN **905-892-6579**
expert tree care

Having Electrical Problems?
Get reliable professional service
at a reasonable price

No Job Is Too Small!

Commercial • Industrial Residential

• Service panel upgrades • New wiring-rewiring

• Energy Efficient upgrades • Troubleshooting & Repairs

ACB Electrical

Alex Bower: abower@rogers.com ECRA#7003130
905-892-4988
www.acbelectrical.com

**Caltron Concrete
Restoration Limited**

- Water Stoppage Inside or
Outside Repair
- Parging
- Concrete Repair & New Concrete

5933 Swazey Dr. Phone: **905-374-9087**
Niagara Falls, Ontario Cel: 905-328-1463

"Experts in Concrete Problems"
See Our Ad in the Yellow Pages

**MASONRY &
CONSTRUCTION**

- Brick • Block • Stone • Concrete
- Additions • Home Repairs
- Chimney Specialists

TOM DEAMUDE

Tel: 905-892-1924
Cell: 289-241-4767

If you would like to advertise in this feature call Kim Fraser at 905-732-2411 ext. 458



Visit your Local Merchants

FONTHILL LASER CLINIC

Located inside Fonthill Massage Therapy Clinic

Laser Hair Removal

Spider Viens

Pigmented Lesions

Skin Tightening



Medique X FOL PEELS
& Medical Grade FACIALS

Schedule an appointment
905.892.7615

Evening appointments available

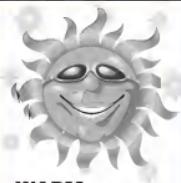


21 HWY 20, Fonthill (Across from Shoppers)

64276301

To advertise here, please phone
905-732-2414 ext458

Pelham NEWS



WARM UP

...your home for winter with a new
high energy efficient heating system.

We service All makes & models

- Maintenance
- Furnaces
- Air Conditioning



BOB REID

Heating & Air Conditioning
Residential - Commercial

9 0 5 - 8 9 2 - 7 7 8 7

FAMILY OWNED AND OPERATED



BREW ON PREMISE

BREW & WINE SUPPLIES

Ron Kazub

BREW MASTER

- 120 styles of Wine available at all times
- We provide expert advice on the best choices of wine to make
- Carbonated wines for that special occasion
- We cater to the do-it-yourselfer with kits, advice & equipment

Let us help you Celebrate Your
Wedding or Anniversary in Style

FREE BOTTLES WITH YOUR FIRST BATCH

Phone: (905) 892-3133

Toll Free: 1-888-768-9463

Visit us at 191 Highway 20 East in Fonthill (at Rice Road)

LADYKARD

classifiedextra.ca

Canada's largest and most trusted print and online classifieds network

Online partners:

canoe.ca

YAHOO!
CANADA

Place it on classifiedextra.ca



Merchandise

Firewood A180

HARDWOOD 47"X9"X4" \$700/m3
min. withdrawal 15' cords at \$60/cord del 905-747-1786 110000

Look
Find what you're looking
for with
classifiedextra.ca

1-866-541-6757



Dogs A310

WELL AND DANDY
FALLS Six week old Se-
berian Husky puppies
ready to go. Very healthy.
These females. Two light
two dark. \$1000.00
negotiable. Call
Amy at 905-384-3841
415-1000000
amb654@live.com

Cars A400

2000 TOYOTA CAMRY
safety / a-test, good
cond. \$16,000.00
\$1600 (905)634-17000

RECREATIONAL VEHICLES

1 & 2 BDRM. Avail imm.
New. Secure, central
located. \$1000.00
Mar. 1st. Call 299-8611-2020 1100001 & 2 BDRM. Elm St.
100' from Hwy 401.
Close to bus lines &
downtown. \$84,925*

Apartments A610 Unfurnished

Affordable Elegance

1 & 2 BDRM APT BUILDING A610

Now ready for
tenants to move in.

OPEN HOUSE

Every Saturday

After 5:00 call for app.
905-351-9646 or
905-732-0141

Apartments A610 Unfurnished

Affordable Elegance

1 & 2 BDRM starting at

\$1000 + hydro. New
units. Fully furnished.
Close to amenities. 307-1-6911. Plus a 10% off
on 1st month's rent.

905-738-2850

Call Classified Extras
1-866-541-6757.

Must See

Affordable Elegance

1 & 2 BDRM APT BUILDING A610

Now ready for
tenants to move in.

OPEN HOUSE

Every Saturday

After 5:00 call for app.
905-351-9646 or
905-732-0141

Apartments A610 Unfurnished

Affordable Elegance

1 & 2 BDRM starting at

\$1000 + hydro. New
units. Fully furnished.
Close to amenities. 307-1-6911. Plus a 10% off
on 1st month's rent.

905-738-2850

Call Classified Extras
1-866-541-6757.

Apartments A610 Unfurnished

Affordable Elegance

1 & 2 BDRM starting at

\$1000 + hydro. New
units. Fully furnished.
Close to amenities. 307-1-6911. Plus a 10% off
on 1st month's rent.

905-738-2850

Call Classified Extras
1-866-541-6757.

Apartments A610 Unfurnished

Affordable Elegance

1 & 2 BDRM starting at

\$1000 + hydro. New
units. Fully furnished.
Close to amenities. 307-1-6911. Plus a 10% off
on 1st month's rent.

905-738-2850

Call Classified Extras
1-866-541-6757.

Phone: 1-866-541-6757

Online:

pelhamnews.classifiedextra.ca

Fax: 1-866-485-8461

Email:

placeit@classifiedextra.ca

Place it! Sell it!



Sit back and relax!

NEW AD

Affordable Elegance

1 & 2 BDRM apt. s/p, bi

bi-level. Avail. imm. Call

905-738-2850

Looking to buy
place it ad under A610
1-866-541-6757

Must See!

Affordable Elegance

1 & 2 BDRM apt. Pt.

Colborne. 4季屋

incl. hydro, heat, water

balcony. Starting at

\$165,000.00

\$165,000.00

www.affordableelegance.com

2 BDRM APT. S/P,

Fully finished.

Clean, quiet, well-

maintained bldg.

Spacious suites avail imm.

1 BDRM. \$659 + hydro.

2 BDRM. \$669 + hydro.

Close to the cities of Welland and Fonthill.

905-992-6025

1 & 2 BDRM. Avail imm.
New. Secure, central
located. \$1000.00
Mar. 1st. Call 299-8611-2020 110000

Must See!

Affordable Elegance

1 & 2 BDRM APT.

Wentland Blvd New.

Secure, central

located. \$1000.00

Mar. 1st. Call 299-8611-2020 110000

1 BDRM. \$659 + hydro.

2 BDRM. \$669 + hydro.

Close to the cities of Welland and

Fonthill.

905-992-6025

NEW AD

Affordable Elegance

1 & 2 BDRM starting at

\$1000 + hydro.

Newly remodeled

wash/dryer on-site.

Balcony, no smoking

parks, \$5000.00 waterheat.

incl. 1st heat, mo. mo.

rental, incl. hydro, heat.

incl. hydro, heat, water.

classifiedextra.ca delivers a powerful combination of newspaper and online advertising which is the preferred choice of Canadian consumers for delivering fast and effective results!

Canada's largest print and online classifieds network

classifiedextra.ca

canoe.ca

YAHOO!
CANADA

By phone: 1-866-541-6757 | Online: placeit.classifiedextra.ca

Apartments
UnfurnishedApartments
UnfurnishedApartments
UnfurnishedApartments
UnfurnishedApartments
West

Rooms

General
EmploymentATTENTION
READERS

Personals

Renovations

Unique

3 BDRM. Avail. June 1st, \$1240.00. 2 BDRM. Avail. June 1st, \$1040.00. 1 BDRM. Avail. June 1st, \$640.00. Laundry in unit. Includes heat, water, electric, cable, internet, and cable. Includes, laundry facilities, gym room. 905-714-3329. www.unique-rentals.ca

LOCK

A - Z
It's in the Classifieds!

3 BDRM. upper/duplex. Avail. June 1st. \$1240.00. 2 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-401-0640. www.classifieds.ca

Health
& Medical

Opportunity

Portal Village
Retirement Community

currently has openings for a
Night Manager

We are currently looking for a person who possesses effective leadership and supervisory skills, and the ability to work shifts. Qualified candidates include 4th year Nursing Students, Paramedics and applicants with a Nursing Diploma from a recognized State of Province.

Only those candidates selected for an interview will be contacted.

Fax or e-mail your resume to
jobs@portalvillage.com 905-834-9969

A854

General
Employment

YARD/WAREHOUSE WORKER

We require a full-time seasonal employee to work on our busy building supplies yard/warehouse. The ideal candidate would be able to handle and be able to lift heavy materials. Please fax, mail or drop off resume to:

FORTIN BUILDING SUPPLIES
2600 1/2 King St. (West of 16th Street)
Port Credit, Ontario L6L 1E8
Fax: 905-892-8970

A855

A856

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-731-4248

LG. UPPER 2 bdrm. 2nd floor. West of Hospital. \$525+gas & hydro. 905-835-8818. www.classifiedextra.ca

A857

A858

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A859

A860

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

Weland 2 bdrm. upper. renovated no carpet. wood paneled walls. central heat. 1st & last. Non-smoker. Non. 905-632-0100. www.classifiedextra.ca

A861

A862

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A863

A864

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A865

A866

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A867

A868

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A869

A870

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A871

A872

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A873

A874

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

Weland 2 bdrm. upper. renovated no carpet. wood paneled walls. central heat. 1st & last. Non-smoker. Non. 905-632-0100. www.classifiedextra.ca

A875

A876

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A877

A878

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A879

A880

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

A881

A882

RENTAL
APARTMENT

1 & 2 BDRM. Avail. June 1st. \$1240.00. 1 BDRM. Avail. June 1st. \$1040.00. 1 BDRM. Avail. June 1st. \$640.00. 905-734-7578

Why use classifiedextra.ca?

- **classifiedextra.ca** delivers a powerful combination of newspaper and online advertising which studies have demonstrated is the preferred choice of Canadian consumers for delivering fast and effective results
- **classifiedextra.ca** offers the largest reach of any Classified advertising service in Canada with 20 million potential customers across the country
- **classifiedextra.ca** screens its advertisements to ensure quality ads - no fraud and no worries
- **classifiedextra.ca** makes it easy to find your ads both in efficiently organized newspapers and online with the capability to search for ads both locally and nationally

PLACE IT! SELL IT!

by phone: 1-866-541-6757 • online: placeit.classifiedextra.ca
e-mail: placeit@classifiedextra.ca • fax: 1-866-485-8461



Renovations

NAGY CONSTRUCTION

35 years experience
Leaky basements, water
intrusion, seepage, water
leaking, roof repair, etc.

905-735-1228

Save 10% with this ad

LOCK
Have
something
to sell?
Find
the
right
buyer
with

classifiedextra.ca

1-866-541-6757

Waterproofing

3335

**FOUNDATION
WATERPROOFING**

by Mr. [classifiedextra.ca](http://www.classifiedextra.ca)

JOHN'S TAPING & Drywall

Carpentry, renovation

drywall, insulation, re

pair, painting, re

modeling, re

AROUND TOWN

FRIDAY, MARCH 5

WORLD DAY OF PRAYER service at 2 p.m. at St. Ann Roman Catholic Church, 834 Canboro Rd., Fenwick. Written by the women of Cameroon, the theme is "Let everything that has breath praise God." Please join us as we celebrate the World Day of Prayer. Everyone welcome.

MONDAY, MARCH 8

GRACE AND GLORY, LADIES ministry presents: Ladies Night Out. Join ladies from all over the region for a night of fun, food and fellowship - free! Bring a friend. Please register

your attendance. Starts 6:30 p.m., Eagles' Nest Community Church 3400 Schmon Pkwy., Thorold 905-682-9000.

WEDNESDAY, MARCH 10

WELLAND CAMPANIA CLUB meeting will show the fruits of its talented photographers in the W.C. Healey Photo Essay and Special Assignment-Transportation competitions with live judging. A night of photography not to be missed, starting 7:30 p.m. at Wesley United Church, 244 First Ave N., Welland. For more information call Larry Lanigan at 905-892-4699.

AT THE LIBRARY

BANNED BOOK CHALLENGE

Set a goal for yourself to read as many banned or challenged books as you wish until June 30. Visit Pelham Public Library's Fahrenheit 451: Banned Book web log (www.pelhamlibrary.blogspot.com) to record your goal and report on your progress. Not sure what to read? Check out the lists and links on the web log or visit the library.

AMNESTY WEEKS Return your books, CDs, DVDs by March 13 and we will waive your fines on those items. Pre-existing fines will not be waived. After March 13, you will be asked to pay off all fines on your card.

GIANT BOOK SALE Find it all - mystery, science, romance, fantasy, science fiction, adventure, intrigue, decorating, crafts, children's stories, collectables - at great prices.

Sale ends Saturday, March 6. Final Saturday is Buck-a-Bag Day until 1 p.m. in the Festival Room, Fonthill Branch. Proceeds to the Pelham Public Library.

BEGINNERS' TAI CHI - Nancy Elkin, registered physiotherapist, teaches these beginners' classes. Great for improving balance, co-ordination and overall movement. Please wear comfortable clothes and soft-soled shoes. Mondays, March 8 to 29; 12:30 p.m. to 1:30 p.m. Cost is \$20 per session. Please register ahead.

GENTLE DANCE & MOVEMENT EXERCISE CLASS - Join Bonnie for beginner and gentle dance based exercise classes. Dress for comfort, wear running shoes and bring a mat or blanket. Wednesday, March 10, to May 19; 11:45 a.m.



Richard Brown
SALES REPRESENTATIVE

ROYAL LePAGE

Niagara Real Estate Centre Inc., Brakercraft

Office: 905-734-4545

Cell: 905-611-5143

www.royallepage.ca

637 Niagara St., Unit #2

Welland, Ontario

"Selling Throughout Niagara"

to 12:45 p.m. Cost \$40. Please register ahead.

INTRODUCTION TO THERAPEUTIC TOUCH - Cindy from Advanced Health introduces Therapeutic Touch offers a gentle, non-invasive healing method that helps restore balance and flow within the body and facilitates its natural healing abilities. Thursday, March 11, 11 a.m. to noon. Free. Please register ahead.

SLOW COOKING FOR FAST MEALS Dust off your slow cooker. Learn how to spend less time in the kitchen and make the most of your time there. Samples, door prizes and great make-ahead recipes included. Please register ahead. Cost is \$20. Takes place Thursday, March 11, at 6:30 p.m.

Network Classifieds: Advertise Across Ontario or Across the Country!

AUTOMOTIVE

SAVE UP TO \$400 ON YOUR CAR INSURANCE Check driving record? Call Grey Power today! 1-866-473-0227 or visit www.greypower.ca for more details. Address: Grey Power, 1000 Lakeshore Rd., Mississauga, ON L5J 1A1.

MOVING VEHICLE dealers in Ontario MUST be registered with OTR. Call 1-800-943-0552 or visit www.ontariotruckreg.ca for more details. We are a company, visit www.ontariotruckreg.ca to register your vehicle. Corridors and importers who pass on private info. Vehicles are checked in the business of taking orders on damaged vehicles.

BUSINESS OPPS.

Small Business Opportunity. Successful business looking for a business partner. Call to speak to the General Manager. 1-813-234-9795.

ENERGY YOUR INCOME is growing but not getting enough return? Call 1-800-361-1000 or visit www.energycanada.ca for more details. REMARKS: Cal 1-800-972-7360. www.energycanada.ca

SELLING YOUR BUSINESS or need to find a buyer? Call 1-800-427-2321. www.sellmybusiness.com

BUSINESS SERVICES

LOOKING FOR NEW BUSINESS and added income? Provide your products or services to thousands of companies across Ontario right here in North America. Classified Ads in an industry specific publication. Call 1-800-361-1000 or visit www.energycanada.ca for more details. REMARKS: Call 1-800-972-7360. www.energycanada.ca

CAREER OPPS.

ATTENTION: Teachers wanted for 90+ distribution companies. My company is looking for ONLNE Teachers. Your work, flexible hours. Your home computer. See www.yourclassroom.com

* It's Affordable - It's Fast - It's Easy - It's Effective - One Bill Does It All - All Ontario \$449 - Regional Ontario or National Packages Available! www.networkclassifieds.org

Place it! Sell it!

By phone:
1-866-541-6757
Online:
placeit.classifiedextra.ca



classifiedextra.ca delivers a powerful combination of newspaper and online classifieds which is the preferred choice of Canadian consumers for delivering fast and effective results!

Canada's largest print and online classified network
classifiedextra.ca
canoe.ca **YAHOO! CANADA**

For more information contact
Your local newspaper

CAREER TRAINING

ARE YOU IN THE MARKETING FIELD? Call 1-800-646-1412, 82 8th Street, or visit www.richards.com for more details. **EVEREST COLLEGE**, Business, Technology, Health Care.

MEDICAL TRANSCRIPTION is RUE'D FOR AT-HOME WORKERS. Call 1-800-361-1000 or visit www.energycanada.ca for more details. Certified personnel. Licensed trades for remodeling, maintenance, construction, electrical, HVAC, and more. EXCELLENT EARNINGS! Call 1-877-827-7471. www.energycanada.ca

CRIMINAL RECORDS We'll do it for you! Call us to assist by others, give what you really need. Lowest price, guaranteed. **CRIMINAL RECORDS** 1-800-361-1000 or visit www.energycanada.ca for more details. **CRIMINAL RECORDS** We'll do it for you! Call us to assist by others, give what you really need. Lowest price, guaranteed. **CRIMINAL RECORDS** 1-800-361-1000 or visit www.energycanada.ca for more details.

PERSONAL FINANCIAL SERVICES DEBT CONSOLIDATION PROGRAM. Helping Canadian consumers reduce debt or eliminate interest, regardless of your credit history. Call 1-800-361-1000 or visit www.energycanada.ca for more details. **CONSOLIDATE BANKRUPTCY** Call 1-877-743-3328. www.energycanada.ca

STEEL BUILDING LESS than \$10,000.00. Dependable, All Steel Structures. Custom-made to suit your needs. Call 1-800-551-5111 or visit www.energycanada.ca for more details. **STEEL BUILDING** LESS than \$10,000.00. Dependable, All Steel Structures. Custom-made to suit your needs. Call 1-800-551-5111 or visit www.energycanada.ca for more details.

STEEL BUILDING LESS than \$10,000.00. Dependable, All Steel Structures. Custom-made to suit your needs. Call 1-800-551-5111 or visit www.energycanada.ca for more details. **STEEL BUILDING** LESS than \$10,000.00. Dependable, All Steel Structures. Custom-made to suit your needs. Call 1-800-551-5111 or visit www.energycanada.ca for more details.

VACATION TRAVEL ONTARIO'S PREMIER COTTAGE RETAIL/INVENTORY agency offering the best in quality, value and service. Call 1-800-361-1000 or visit www.energycanada.ca for more details. **TRAVEL** Call 1-877-743-3328. www.energycanada.ca

INSURANCE CLAN (BROWNS) CLAN. Grey Power, local agent, visit www.energycanada.ca for more details. Call 1-866-473-0227 or visit www.energycanada.ca for more details. **INSURANCE** CLAN (BROWNS) CLAN. Grey Power, local agent, visit www.energycanada.ca for more details. Call 1-866-473-0227 or visit www.energycanada.ca for more details.

SKILLED TRADES Call 1-877-743-3328. www.energycanada.ca

HOME REPAIRS Canadian's largest home repair and remodeling company in working on homes, renovations, additions, added independence (M&M) or aging in place. Call 1-800-361-1000 or visit www.energycanada.ca

PUPO'S

Corner of Maple Ave. and Prince Charles Drive

Meade Rouge

SOURDOUGH
BREAD129
675g loafPUPO'S FRESH BAKED
APPLE
PIE299
675g pie

SPECIALS in effect Mar. 5th to closing Thurs. Mar. 11th, 2010 • OPEN SAT. 8-6, SUN. 10-5, MON., TUES., WED. 9-6, THURS.-FRI. 9-9

CUT FROM ONTARIO AA BEEF OR HIGHER
NORWICH PACKERS CORN PEEF

BONELESS

EYE OF ROUND
ROASTS1/2
PRICE299
lb.

CUT FROM CANADA AA BEEF OR HIGHER

NORWICH PACKERS CORN PEEF

PUPO'S
REGULARGROUND
BEEFCOMPARE
THE
QUALITY
3 PKG. LIMIT199
lb.CUT FROM ONTARIO AA BEEF OR HIGHER
NORWICH PACKERS CORN PEEF

CHEF STYLE CAPLESS

PRIME RIB
ROASTS1/2
PRICE499
lb.PUPO'S
CORNED BEEF
BRISKET1/2
PRICE299
lb.

DELI Specials

Petties
BLACK FOREST
HAM1/2
PRICE299
lb.Petties
JUNIOR SALAMI1/2
PRICE499
lb.Petties
MOZZARELLA
CHEESE499
lb.FRESH PORK
PUPO'S HONEY OR
HONEY GARLIC
SAUSAGE1/2
PRICE399
lb.SAVE
\$4.00399
lb.CUT FROM ONTARIO AA BEEF OR HIGHER
NORWICH PACKERS CORN PEEFBONELESS
RIB EYE
STEAKS1/2
PRICE699
lb.SAVE
\$4.00699
lb.

FRIDAY, SATURDAY, SUNDAY ONLY

TROPICANA
ORANGE
JUICE

2.63 litre

399
white supplies last
limit 1STONEY CREEK DAIRY
ICE CREAM

1.89 litre tub

3/\$10

CASHMERE
BATHROOM
TISSUE

12 Double Rolls

499
2 pkg limitCLOVERLEAF
FLAKED LIGHT
TUNA

170g can

\$1

Carnation
HOT
CHOCOLATE

pkgs. of 10

189
1/2 PRICE

189

COUNTRY HARVEST
WHOLE GRAINS
BREAD

675g loaf

179
1/2 PRICE

179

NATURE VALLEY
GRANOLA BARS

1.25 oz. bars

2/\$4

OCEAN SPRAY
CRANBERRY COCKTAIL

1.89 litre

3/\$10

3/\$10

FRIDAY, SATURDAY, SUNDAY ONLY
WONDER
WHITE
BREAD

675g loaf

149
6 loaf limit

149

ROMAN LASAGNA

2.65 lbs.

999
6 loaf limit

BABY GREENS SALAD MIX

1 LB. BAG 2.99

CALIFORNIA
SEEDLESS ORANGES
ENJOY NOW

599

8 LB. BAG

NO. 1 GRADE CREAM
BLUEBERRIES

199

Pkg.

NO. 1 GRADE ONTARIO
WHITE
POTATOES

199

10 LB. BAG

NO. 1 GRADE CALIFORNIA
BROCCOLI

99¢

BUNCH

149

LB.

LB.

LB.

LB.

LB.

LB.

PRODUCT OF MOROCCO
SWEET RIPE
CLEMENTINES

499

5 LB. BOX

FROM THE TROPICS
GOLD PINEAPPLE
CORED READY TO EAT!

399

EACH

NO. 1 GRADE MEXICAN
ASPARAGUS

199

LB.

NO. 1 GRADE POTATOES
MINI POTATOES
New Spring Crop!

99¢

LB.

LB.

LB.

LB.

LB.

PELHAMNEWS ■ FRIDAY, MARCH 5, 2010

■ OBITUARY: John Nemy dies at 90

Fonthill Lumber

founder remembered
as community-minded

ALLAN BENNER
Tribune Staff

needed them.

"He did a lot of good
work that way," Ryan said.Eleanor Arbour at
Klager's Meats also recalled

Mr. Nemy's generosity.

"He was always
there to help, and didn't
want any recognition for
the work he did."Mayor Dave Augusty
described Mr. Nemy as a
"quiet philanthropist, really.
He was really generous to
the community, but in a very
private way."Although he was always
willing to help, he never
wanted any publicity for it,
Augusty added.But Mr. Nemy did have
one action that did help
recognize his work to
the community. A few years
ago, the John Nemy Nature
Trail was opened near his
Pelham home.The name for the trail
was "very fitting," said
Barbara Augusty, who was
a member of the Friends of
Marlene Stewart Park when
the decision to name the
trail after Mr. Nemy was
made.He said Mr. Nemy was an
avid lover of the outdoors
and enjoyed spending time
going for hikes in northern
Ontario. It was Mr. Nemy's
love of the outdoors that
inspired Berkhour to suggest
naming the trail after him."He loved the woods so
much," Berkhour said,
adding that having that trail
named after him was "very
special to him, no question
about it."Augusty said Mr. Nemy
was initially reluctant to
have his name on the trail."That was one piece of
recognition that again he
didn't want," he said.But ultimately, Mr. Nemy
"accepted that honour
because of his strong
commitment to the outdoors."A memorial service is to
be held for Mr. Nemy today,
Friday, March 5, at 11 a.m.,
at Fonthill United Church,
42 Church Hill.

abenner@wellandtribune.ca

"He just did what he
thought needed to be done,
and there was never any
fanfare," Ryan said. "That's
the way the John Nemy
way was. He was just a true gen-
tleman."

In addition to the work
he quietly did for the com-
munity, Mr. Nemy also
made a difference through
his business, providing
good jobs to people who